GEAR UP Day @ The Beach is a special college readiness series for 9th grade families. Designed by the Long Beach Unified School District (LBUSD) and the California State University, Long Beach (CSULB), this series offers practical workshops for both parents and students about high school success, college, and careers. The monthly workshops are scheduled on Saturdays at CSULB through GEAR UP, a federal program that seeks “to increase the number of low-income students who are prepared to enter and succeed in postsecondary education.”

Below is the Spring 2011 calendar for GEAR UP Day @ The Beach. To register for one or more events, please go to www.lbschools.net/gearup or submit this form to your school’s GEAR UP Coordinator.

<table>
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<tr>
<th>Date and Location</th>
<th>Sample Parent Workshops</th>
<th>Sample Student Workshops</th>
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| “Kick Off” Saturday, March 19, 2011 9:00 a.m. – 12:00 p.m. Pyramid Pointe at CSULB | • Overview of high school, community college, and university  
• Four-year plan for meeting high school graduation and college entrance requirements | • 7 Habits of Highly Effective Teens  
• Using the “CSU Mentor” tool  
• Math tutoring and mentor services |
| “Pathways to Careers” Saturday, April 16, 2011 9:00 a.m. – 12:00 p.m. Pyramid Pointe at CSULB | • Focus on college majors and minors  
• Connection between a child’s personality and career options  
• Four-year plan for meeting high school graduation and college entrance requirements | • Strategies for Algebra success  
• Academic Success: goal setting, planning, and self-assessment  
• Using the “CSU Mentor” tool  
• Math tutoring and mentor services |
| “College Resources” Saturday, May 14, 2011 9:00 a.m. – 12:00 p.m. University Student Union at CSULB | • Student support services to increase academic success  
• Four-year plan for meeting high school graduation and college entrance requirements | • Academic Success: learning styles, strategies, and test-taking techniques  
• Using the “CSU Mentor” tool  
• Math tutoring and mentor services |
| “College Life” Saturday, June 4, 2011 9:00 a.m. – 12:00 p.m. University Student Union at CSULB | • University Tour: Athletics programs and extra-curricular activities  
• Four-year plan for meeting high school graduation and college entrance requirements | • University Tour: Athletics programs and extra-curricular activities  
• Using the “CSU Mentor” tool  
• Math tutoring and mentor services |

Please submit this completed form to your GEAR UP Coordinator:
- Cabrillo: Carlos Gershwin-Razo
- Jordan: Alma Black / Kathleen Brown
- Lakewood: Pat Estes
- Millikan: Felicia Anderson
- Polytechnic: Lori Flores
- Wilson: Mona Merlo